



***Welcome to the Renegade  
All-Star Family.***

***In this packet you will find all the  
information you need about the upcoming  
season. WE REALLY DO FOLLOW THE RULES IN THIS  
PACKET.***

## Renegade Gymnastics 2019-2020

Welcome to The Renegade All-star program. We are delighted that you have chosen to Become a part of our All-Star Family. In the following pages you will find an outline of our:

- Policies and Expectations
- Frequently Asked Questions (FAQ's)
- Costs
- And much more.

Please take the time to read and understand all of the material enclosed.

Our mission at Renegade Athletics is to enrich the lives of the children and their families through the sport of competitive cheerleading. Our goal each day is to teach our athletes the value of commitment, hard work, integrity, leadership, self confidence, positive attitude and a love for the sport. Each and every family is important to us and our program.

After you have read your packet thoroughly, please complete:

- *The Statement of Commitment*
- *Tryout Form*
- *Roster Information*
- *Parental Agreement*
- *Financial Commitment*

Please be prepared to turn in all of these pages along with a copy of your cheerleader's birth certificate and your **\$45.00 tryout fee on or before April 25th**. Any packet turned in after this date the tryout fee will be \$55.00. If you bring a friend who has never cheered for Renegade Athletics and their tryout you will get a \$45.00 CREDIT. Credit form must be filled out in the office BEFORE tryouts to receive this credit.

For all teams there will be a Mandatory meeting during the first practice. Parents and Athletes must attend this meeting. During the meeting we will discuss rules that pertain to your team.

*You may keep the remaining parts of the tryout packet to reference throughout the season. Any questions may be addressed to:*

Leslie Pledger Griffin-All-Star Director  
leslie@renegadeathletics.net  
Renegade Athletics  
706-629-9175

## **USASF**

The mission of the United States All Star Federation is to maximize the number of participants benefiting from the positive life experiences of all-star cheerleading and dance by developing competition rules and all star gym training guidelines consistent with the most up-to-date safety, educational and ethical practices. The Renegade staff is certified and credentialed through USASF and we will compete only at sanctioned events. Each athlete within the Renegade program will be required to become a member of the USASF. More information can be found at [www.usasf.net](http://www.usasf.net).

## **Methods of Safety Measure**

Athlete health and safety is of utmost concern within the Renegade program. Our program is committed to keeping a safe environment at all times. Hydration and nutrition are and will continue to be encouraged at Renegades for optimal performance and injury prevention. In case of emergency, the Renegade Staff is properly prepared to handle the situation with an emergency plan that has been put in place.

**Renegade Athletics is the FIRST USASF CERTIFIED  
GYM in the STATE of Georgia.**

**You can rest assured that your child is in safe and prepared hands.**

To ensure a safe environment we:

- Certify all Coaches in First Aid and CPR
- Credential Coaches and Athletes with the USASF
- Train Coaching Staff in Effective Spotting
- Record and Evaluate Skills in Proper Progression
- Have an Emergency Plan in Place
- Have First Aid Kits and Emergency Numbers Available
- Require Continued Education for Staff
- Have Background checks for every employee
- USA Gymnastic safety certified gym
- Are American Administrators and Cheer Coaches Association Certified

## **Policies and Expectations**

### General Information

- If you ever have a problem, with anything, please do not hesitate to contact the gym, the All-star Director or the owner. We are here for YOU.
- Please feel free to make an appointment to talk to your coach about anything; these appointments must take place during the coaches free time; **during practice, during class change, and at competitions are not an appropriate time**. Keep in mind there are certain things your coach will not be able to help you with, that is what the all-star director is here for.

### Practice Attire

- It is your responsibility to wear the appropriate practice wear to every practice.
- Any additional clothing items (sweats, long pants, etc.), cell phones, school bags, or gym bags must be left in the bag storage area. NO items should be brought onto the floor and cell phones must be **turned off when practice starts**.

### Team Responsibilities

- **NO GOSSIP** about any other teams (all-star or school), **NO GOSSIP** about a child on your team or another team. **NO GOSSIP** about coaches and staff. It is much better to address a problem than to listen to idle gossip.
- No profanity or abusive language.
- During practice your opinion does not count. All squad and routine decisions are left to the discretion of the coaches.
- Every year we go through losses and additions of team members. The dismissal/addition of a team member is solely the all-star director's decision.
- There will be no arguing or questioning of the coaching staff's decisions. PERIOD.
- Practices may be changed or added at any time during the season.
- Anyone threatening to quit or to pull their child from a squad will be dismissed from the program *immediately*.
- **It is the parent's responsibility to know what is going on with your squad.** Parents **must** attend the last ten minutes of each practice. Any information or announcements will be passed out at this time. If someone else is picking your child up, please advise them to ask if anything needs to be passed on to you. Also, check your emails, the team Facebook and Remind 101 regularly. You can also follow us on twitter or check the gym Facebook page for updates.
- You must arrive at all practices, competitions or any scheduled event on time. Punctuality is a MUST.
- Withholding a child from a practice or a competition should never be used as a form of punishment. You are not only punishing your child, but every other team member and parent on that squad.
- We will do our best to work with your extracurricular activities. However, if the other coach refuses to work with our mandatory practices or competitions, you may have to make a choice.
- Each team will be assigned teams to watch at competitions. We would love to have everyone there all day, but at the very least, you are obligated to watch your assigned teams. If for some reason you fail to attend your assigned teams performance your Renegade Athletics account will be charged a \$15 fine. Fan support is factored into scores at some competitions and our teams are counting on each other's support to gain these points. What happens if I refuse to pay the fine? Your child will have to set out at practice till the fine is paid.
- Parents, relatives, friends and cheerleaders are *never* allowed to speak with competition officials for any reason.
- Parents are *never* allowed to represent Renegade Athletics or Renegade All-stars under any circumstances concerning accommodations, competitions or any other situation.
- "Renegade Athletics", "Renegade All-Stars" and logos associated with these brand names are trademarks of Griffin Holdings LLC. As such the unauthorized reproduction of these name and logos are prohibited. All Renegade apparel must be purchased thru the gym or you must obtain written consent from the owner of the logo's Cristophor Griffin.
- All Renegade cheerleaders and Renegade family/friends will show good sportsmanship at all times.
- Practices may be changed or added at any time during the season.
- Only cheerleaders and coaches are allowed in the floor during practices.

- No one is allowed to yell onto the floor or try to make contact from the parent viewing area during practices or tumble classes. **This is extremely distracting to all involved.**
- The coaches reserve the right to close practices at ANY time for ANY reason. In this event a team rep will remain at practices. We discourage parents from staying at open practices the full time. Kids seem to be less distracted when parents are not here. Also, DRAMA starts when parents set in the viewing area and “sideline coach” amongst themselves.
- The All-star Director may change, add or subtract any rule at any time.

Please DO NOT make any plans the weekend before a competition. We will use this time to call additional practices if needed.

**If you are removed from and/or quit the program during the season you are NOT allowed to attend competitions dressed in any part of your Renegade uniform or warm-up.**

#### Tardiness

o You are considered tardy to practice if you are not on the practice floor ready to practice when your practice BEGINS. This means; appropriate practice wear on, shoes on and tied, hair up, snacks and drinks taken care of, ready to go.

#### Absences

All-star cheerleading is the equivalent of a “travel” baseball/softball team or an “all-star” volleyball or soccer team. We expect 100% dedication to your team. That means **attendance is mandatory.** There are precious few hours that we have these teams together, every moment must be used. It is extremely important you get to practice on time and try not to miss. All Star attendance at practice is strictly enforced throughout the year. For the summer season (May 1<sup>st</sup>, 2017 to August 1<sup>st</sup> 2017) athletes are expected to be at practice unless noted on the vacation/planned calendar. In addition the gym will be closed Memorial Day, the week of June 12-16, Labor Day and the week of July 4<sup>th</sup>-8<sup>th</sup>. **Everyone MUST attend Choreography Camp. Camp dates will be announced as soon as they are set.** As for the fall and spring season, athletes are expected to be at every practice. **The only excused absence is a school function that results in a grade.** All other absences are unexcused. An athlete may get the All-star Director to excuse them from an event. Part-time jobs, dances, concerts, banquets, long distance driving, family reunions, weddings, recitals, school/church socials, and any other non-related school activities are unexcused. If an emergency occurs, please contact the All-Star Director as soon as possible to inform them of your situation. Absences are NOT allowed the weekend and week prior to a performance or competition. An unexcused absence may result in the athlete being moved to an Alternate position or pulled from an upcoming performance at the discretion of the coach. It is the responsibility of the athlete to learn any routine changes prior to the upcoming practice. Alternates must follow all requirements and guidelines. As for competitions, attendance will be taken at the beginning, during and end of each competition day. All athletes will be given a time and place to meet for check-in, warm-ups and dismissal; these meetings are required for all athletes and are set by the gym director. Athletes may not leave the competition without prior gym director approval. Leaving early without permission will result in dismissal from the team. Excessive tardiness or absences will result in dismissal from your team. If you are tardy or absent from a competition you will be *immediately* dismissed.. We cannot stress how important your attendance is. Choreography, stunting, formations, and etc taught at every practice, if you miss that information, you hold the entire team back.

#### Policies and Procedures:

- **Illness:** You must attend practice when you are sick based on the discretion of the All-Star Director. Students are often removed from our program for failing to follow this rule and we will not make exceptions. You will not be required to participate; however, you must be present. An athlete will jeopardize their position if this rule is not followed. In addition, you must provide a doctor’s note with detailed information regarding the illness, treatment and length of recovery. This includes dental, medical and any other health related issue that would prohibit a student from participating.
- **Injury:** In the event that a student is injured at home or during other extra curricular activities, we ask that you please notify the All-Star Director as soon as possible. We will make changes with choreography prior to practicing. We will re-choreograph routines based on the athlete’s injury and

length of recovery. Once the individual has fully recovered, he or she may or may NOT be choreographed back into the routine. The All-Star Director has complete discretion in replacing such individuals for the rest of the season. All injured athletes must continue to pay their monthly tuition.

- School Work: School is of high priority and Renegades stresses the importance of education, however; schoolwork cannot be used as a reason to miss practice. Athletes are expected to maintain proper time management.

- Extra Curricular and Jobs: By signing the contract, the athlete and parents are aware of the team practice and competition schedule. Extracurricular activities and jobs need to be scheduled around the commitment to Renegade All-Stars.

## Injuries and Conditioning

- o Parents need to note that cheerleading is a highly competitive and dangerous sport. The stunts and tumbling could lead to injuries. These include but are not limited to bruises, pulled or strained muscles, torn or strained ligaments, broken bones, dislocations, paralysis or even death. We at Renegade Athletics take every precaution to limit these injuries. Unfortunately, we can not prevent them all. In the event that your child is injured we will take every necessary step to ensure your child's well being.

- o All-star cheerleading is a very strenuous sport. Therefore, all of the athletes in our program are expected to be in top physical condition. This includes flexibility, strength and endurance. If needed, you may be required to take an additional tumble class or a stretch/stunt class. All extra classes will be billed to your Renegade Athletic account. Flyers are required to **take** a flexibility class, not just be enrolled. If the flyer missed their flexibility class one week they must schedule a make-up class with the office.

- o All team members are expected to take care of their bodies. This means absolutely NO DRUGS, NO ALCOHOL AND NO TOBACCO. If anyone is caught drinking, smoking or using drugs or if there is an eating disorder they will be expected to take the necessary steps to quit and/or receive help. We will, of course, help in any way we can.

## **GOOD SPORTSMANSHIP, POLITE MANNERS AND A KIND DISPOSITION ARE MANDATORY AT ALL COMPETITIONS AND PRACTICES.**

### Travel

The Renegade competition schedule is available for you to decide where and how is best for you and you family to get/stay there. Should an athlete travel with someone other than a parent or legal guardian, a release of responsibility must be signed. In case of overnight travel where a hotel is required, all hotel charges are the responsibility of the family. This also pertains to any travel that requires a plane flight.

- o Each cheerleader must have a chaperone at every competition. It is not your coach or Renegade staff's responsibility to be your child's chaperone.

- o Please allow more than enough travel time when driving to a competition. It is always better to be early than late. Please also consider unforeseen circumstances such as traffic and bad weather conditions.

### Dress Code

- o No sports bras only. Sports bras should always be worn under t-shirts or tank tops. Please, no bra straps showing. We have males on staff that has no need to see the girl's undergarments. Parents, please help us enforce this rule!

- o If your child is a flyer or is taking a stretch or stunt class, they should always wear bloomers or tight fitting shorts under a regular pair of shorts.

- o All cell phones must be left outside of practice area and must be turned off or to silent mode.

- o NO JEWELRY AT ALL! Wearing jewelry of any kind could result in an injury to your child or to another child.

- o Fingernails need to be kept short, please no fake fingernails.

- Correct Color of Practice clothes and Cheer Shoes must be worn at every practice.

- Hair must be up in your practice bow at every practice

- If practice clothes are not on and in the right color or females are missing a bow then you

must purchase new ones and it will be charged to your Renegade bill.

### Competition Dress Code

- o You may wear your uniform top, warm-up pants with bloomers under pants to arrive at a competition.
- O You must wear a flesh colored Sports Bra under your uniform top.
- o Carry your skirt in your bag or on a hanger until you put it on.
- o At no time will a skirt be worn over your pants.
- o You may wear your warm-up jacket at any time.
- o You must wear white no-show socks and the correct shoes to and during competitions. At no time can you wear flip-flops, sandals, slip on shoes or boots.
- o Under no circumstances are you allowed to wear jewelry at any time during the competition day. This could result in your team being disqualified.
- o All hair and makeup must be complete before entering the competition venue.** No rollers or inappropriate attire. NO HATS!
- o** During award ceremonies cheerleaders must be “performance ready”, wearing your uniform top and skirt (no warm up pants or jackets) and have competition bows, make-up and competition shoes on. NO CELL PHONES, parents, friends or boyfriends are allowed on the awards floor with you.
- o If you are not competing or have been dismissed from your team obligations, you may wear your warm-up pants, a Renegade t-shirt, tennis shoes, bow and jacket. You are still representing The Renegade All-stars, and must present yourself in such a way.
- O If your team is not competing and you come to support another Renegade teams and choose to wear your uniform or warm-up you must follow the rest of the dress code as well.

### Competitions

- o All competitions will be chosen by the coaching staff.
- o Some teams may travel more than others.
- o Competition season begins in January and will run through April.
- o Competition dates and venues will be announced as soon as we have that information available to us.
- O We TRY not to change our competition schedule once it is announced, however sometimes competitions are cancelled for numerous reasons such as low registration and/or bad weather. We do not like changes in the schedule anymore than you do, so please work with us in these situations.
- O If any parent has an altercation with a coach, another parent or any other person at a competition your child will be removed immediately
- O If you do not keep up with your payments after the season starts, your child will be removed and the team might have extra practices to re-choreograph, If your child quits or is removed from the team mid season you will be charges a \$300 re-choreography fee.
- O Competitions are very stressful to the coaching staff. This is not the time to approach your coach about any issue you are having or ask unnecessary questions.

### Camp

- o Camp will be held during September. Camp is mandatory. Choreographers cannot be expected to create a spot for an imaginary person, so please make sure your child is there. If your child is not at choreography camp, they will not have a place in the routine.

### Technology

- o In the past we have not allowed any Cheerleader to post photos or comments on face book, Twitter or Instagram type websites identifying themselves as “Renegade” Cheerleaders. We are willing to modify our stance this season provided that all comments and pictures are done in a positive and tasteful manner. In the interest of safety please monitor your Childs usage of such websites. You may not want them to use what team and/or their first and last name because outsiders could use this information to monitor your Childs whereabouts.

0 Parents and Athletes are not allowed to friend request or be friends on Facebook with any Renegade Athletics coaches. You may “friend” the owners and as always we encourage you to be a fan of the Renegade Athletics page to stay up on all gym information and events.

0 All major competitions have facebook pages and twitter accounts. We ask that you be vigilant and positive on any remarks you post on these pages. If you have concerns about problems that arise at competitions please direct these comments to the All-Star director in a private conversation and not a public forum.

0 No one is allowed to post Renegade all-star music, choreography, routines, stunts, etc on any websites. This includes, but is not limited to “Face Book”, “You Tube”, “Twitter”, “Instagram” etc.

0 Please do not allow your children to text or call their coach. I understand most kids have cell phone and they love to text but all of our coaches are considerably older than your cheerleader and it is not appropriate for the outside communication to take place. If you or your child has any questions about all-stars, PARENTS please call your team mom or the all-star director. If your child does text his/her coach they should not expect a response.

## FAQ’S

o Q: How do we get our uniforms?

o A: We will have uniform fittings this summer. The date will be announced as soon as it is scheduled with the company. It is **mandatory** that everyone attend. A parent must accompany your child to all fittings. Renegade All-Stars and Renegade Athletics will not be held responsible for the way any apparel fits your child. We also will not be able to return or exchange any apparel. You will have your uniform before the first competition. Please also know that we do not guarantee the quality of the uniform once it leaves the gym. If you notice something wrong with the uniform after you get it home (i.e. a tear in the seem, ect) it is your responsibility to fix the problem. The uniform company will NOT take back any item after it has been worn.

o Q: When can my child “move up”?

o A: We reserve the right to move a child at any given time.

o Q: How do you select teams?

o A: We select teams to be the most competitive in each level. All candidates will be judged on current USASF (United States All Star Federation) credential levels. Squad placement will depend on age, tumbling, stunt and toss levels as well as motions, dance and attitude.

o Q: Can my daughter fly?

o A: If the coach feels that your daughter should be a fly, she will be.

o Q: Why did my daughter lose her “spot” in the routine?

o A: There are no assigned “spots”. Adjustments are constantly made to routines. We will adjust formations as needed for the flow and choreography of the routine.

o Q: Does the roster change for Worlds teams?

o A: The teams attending Worlds will be the best of the best we have to offer. This means, there may be some roster changes. The coaches reserve the right to replace an athlete that has lost a certain skill that put them on their team originally. Also, if there are monies outstanding to either Renegade Athletics. Or to the Renegade Booster Club , that athlete may be removed from their team.

o Q: Why do some parents sit in the parent area and bad mouth the coaches, kids or other teams?

o A: **We have no idea.**

We are looking forward to an outstanding season. Please help us by following the guidelines set forth in this packet. It is much easier for the coaches and cheerleaders to do their job when they do not have to worry about outside issues. When you have read and understood everything in this packet, please fill out completely all appropriate forms and



turn into the front office prior to tryouts. Incomplete paperwork will not be accepted. Please be prepared to pay the **\$55.00** tryout fee (per cheerleader) at this time also. If we do not have all completed paperwork by the set tryout dates, your child will not be allowed to tryout.

**ALL GYM AND BOOSTER CLUB FEES FOR PRIOR SEASON MUST BE PAID IN FULL BEFORE YOUR CHILD WILL BE ALLOWED TO TRYOUT FOR THE UPCOMING SEASON. We are building a World Class Program. To do so we must have cooperation from everyone in our All-Star Family by following the rules set forth in this contract. Please help make this our best year ever!!**

***Welcome to the family! Let's Go Renegades!***

# Renegade Athletics

## NO HIDDEN FEE GAURENTEE

There is a trend in the All-Star world to advertise low prices in order to get your commitment. Once these programs have your commitment they hit you with hidden fees. Look and see what these “low fees” really pay for. Most of these do not include your uniform, warm-up, bag, bow, shoes, practice clothes and other mandatory items that they require you to purchase during the season. When all is said and done you actually end up **PAYING MORE**, in fact some of these “low price” programs only compete at very small events and do not give your child the chance to perform at some of the larger National level competitions. These programs even travel as far away as New Orleans to avoid competing at bigger venues and they may advertise lower competition fees but you only get to attend just a few events. Some programs advertise a free month of tumbling or all-star fees during your season and they disguise your monthly fee by breaking the fees into an all-Star fee and a required tumbling fee that actually ends up being \$200 to \$350 a month in just required classes. Here at Renegade Athletics we pride ourselves in being open and honest with our clients and promise that we will **NOT** come back to you at any point during the All-star season and tell you that you need to purchase another item or pay additional competition fees that were not included in our original contract. We promise to attend multiple events that are well known in the All-Star world and give your child a chance to shine in the spotlight. We believe that in order to be the best you need to compete against the best.

Fee	Amount Payable to Renegade Athletics
All-Star Monthly Fee =2 hours of practice time and 1 hour of tumble <b>May-August</b>	\$110 per Month
All-Star Monthly Fee = 4 hours of practice time and 1 hour of tumble <b>September-April</b>	\$130 per Month

### **Renegade All-Star Booster Club Fees**

Fee	Amount Payable to Renegade Booster Club
Choreography/Music	\$265.00
Uniform *	\$250.00
Practice Wear	\$80.00
Ribbon	\$20.00
Shoes (optional)	\$75.00
Warm-up	\$100.00
Athlete Credentialing	\$37.00
Competition and Coaches Fees( this may vary by team)	\$600.00
Renegade All-star Booster Club yearly dues	\$100.00

\*these items will be used for 3 years (2019-2020) is year three

### **Renegade All-stars Booster Club Payment Schedule**

Due Date	Fees Payable to Renegade Boosters
First Practice	Renegade All-star Booster Club yearly dues \$100.00 per family
May 15 <sup>th</sup>	\$ 255 Shoes, Practice Wear, Warm-up,
June 15 <sup>th</sup>	\$270 Uniform and Ribbon
July 15 <sup>th</sup>	\$302 Choreography and Athlete Credentialing
August 15 <sup>th</sup>	Competition and Coaches Fees \$150
September 15 <sup>th</sup>	Competition and Coaches Fees \$150
October 15 <sup>th</sup>	Competition and Coaches Fees \$150
November 15 <sup>th</sup>	Competition and Coaches Fees \$150

We have fundraisers available. It is possible to pay for an ENTIRE season on the fundraisers we offer. If needed, please take advantage of these fundraisers so your child can participate.

Statements are sent home periodically. If you have any questions about either of your accounts do not hesitate to contact Leslie. If there is a financial problem please talk to Leslie immediately.

There will be no refunds made to anyone who is asked to leave the program or that quits a team. This includes monthly fees and any monies paid into your Renegade Booster account.

You will need a pair of white cheerleading shoes. These can be bought through the gym or you can purchase on your own.

**We are an all inclusive price program. Unlike some other programs everything you need is included in your booster package. We WILL NOT come to you at other times during the year and ask you to give us more money to purchase items such as uniforms, makeup, and so on.**

# Renegade All-Stars 2019-2020

## Statement of Commitment

### Financial Commitment

I have read and fully understand my financial commitment to the Renegade All-stars outlined in this tryout packet. I understand that my commitment is for the 2019-2020 All-Star competitive season. I understand that I am giving my credit card/debit card information, that information may be used if I do not meet the payment deadlines to Renegade Athletics or to RABC. I understand that I will forfeit any monies paid if I choose to leave the team or am asked to leave the program. I understand that I am entering into this program of my own free will.

Primary Payers Signature \_\_\_\_\_ Date \_\_\_\_\_

Second Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

### Policies and Expectations Commitment

I have read and fully understand all codes, rules and expectations in this tryout packet. I understand that I am entering into this All-star program of my own free will. I understand what is expected of me as a parent and as an All-star Cheerleader. I will conduct myself in a sportsmanlike manner and uphold the standards that are expected of me as a Renegade All-Star

Mothers Signature \_\_\_\_\_ Date \_\_\_\_\_

Fathers Signature \_\_\_\_\_ Date \_\_\_\_\_

Cheerleader Signature \_\_\_\_\_ Date \_\_\_\_\_

# **Financial Commitment 2019-2020 Renegade Athletics**

## **2019-2020 All-star Season Payment Policy**

**Everyone will provide a credit card number for monthly payments. You must provide full credit card/debit card information; this will be entered into our computer program and will only be used if your Renegade Athletics or Renegade All-star account is more than ten days past due. This is a service that we offer to prevent service interruption for your child throughout the all-star season. This information will only be used May 2019-April 2020 and will be properly disposed of at that time.**

**Name as it appears on card** \_\_\_\_\_

**Type of card** \_\_\_\_\_

**Card Number** \_\_\_\_\_

**Exp. Date** \_\_\_\_\_ **CVC Code** \_\_\_\_\_

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**You are responsible for monthly tuition and All booster payments regardless of your membership status with Renegade Athletics from May 2019 through April 2020. If you fail to make these payments by the due date, your credit card will be charged.**

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Renegade All-Stars  
2019-2020**

Roster Information for Team Rep

Cheerleader  
Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ County \_\_\_\_\_

Zip Code \_\_\_\_\_

School \_\_\_\_\_ 19-20 Grade \_\_\_\_\_

Birth Date \_\_\_\_\_

Home Phone Number \_\_\_\_\_

Medical Conditions/Allergies \_\_\_\_\_

Cheerleader Cell \_\_\_\_\_ E-Mail \_\_\_\_\_

Mom Name \_\_\_\_\_ Cell \_\_\_\_\_ E-Mail \_\_\_\_\_

Dad Name \_\_\_\_\_ Cell \_\_\_\_\_ E-Mail \_\_\_\_\_

List other information here (guardian name & #, work #s, etc) Emergency Contact & #,  
other than parent \_\_\_\_\_

*Please circle T-shirt and Jacket Size*

T-shirt: Youth S Youth M Youth L Youth XL/Adult XS Adult S Adult M Adult L

Jacket: Youth S Youth M Youth L Youth XL/Adult XS Adult S Adult M Adult L

Shorts: Youth S Youth M Youth L Youth XL/Adult XS Adult S Adult M Adult L

**RENEGADE ALLSTAR'S  
PARENTAL AGREEMENT  
2019-2020**

I realize that Renegade All stars is a team orientated program and that a team is defined as a group organized to work together. I also realize that in order for a group to work together it is my responsibility to not only be supportive as a parent, but to also set a good example by demonstrating my willingness to work together with the team mom, coaching staff, team members, and other parents involved with the Renegade program.

I understand the team I am put on will be decided by the coaching staff. I also realize the division that the team competes in will be based on what is best for that team and not the individual.

I understand that my child may be a base, back spot, or flyer and that the coach of each team will pick which one of these positions my child will be. The coach's decision may change throughout the season based on performance, need, or preference. The decision is made by the coach and is not the decision of the parent.

I understand that what role my son or daughter plays in the choreography of the routine is up to the coach. Just because your child has a certain skill does not mean they will use that skill in the routine or that they will always be in the front or back of the routine. It is up to the coach to make all decisions of choreography and what role your child will play in that choreography.

As a parent I realize the importance of the team concept and that when there are mandatory practices, meetings, or competitions I will do everything in my power to make sure that my child will not only be there but that they will also be there on time.

I realize that there will be two practices that my team is assigned and that they are mandatory practices. Therefore, I will not try to jeopardize my child's position on the team by allowing them to be involved in too many activities that limit them from missing their normal mandatory practices.

I realize that the booster club and gym bill are my responsibility to pay and that the contract is binding and that every effort will be made to pay my bill on time.

I realize that by signing this contract I am making a year long commitment to the Renegade All Star program. The focus should be on this year and not on future plans or other programs.

I understand that every gym besides Renegades is considered to be a competitor. Therefore, all training during the season needs to be done at one of the Renegade gyms.

If I am uncertain of becoming a Renegade and what that entails, I should not be trying out for the upcoming season.

I realize that at anytime if my child is not keeping up their skills that someone else could possibly take my son or daughter's spot in the routine.

I realize that tumbling class is considered to be a mandatory practice and that missing tumbling classes is the same as missing team practice.

I realize that the team mom is not a paid position and that I will treat them respectfully and that if there is a problem I will talk to the All-Star Director in a prompt fashion about that problem.

I understand that practices at the gym can be closed at anytime.

I understand that bad mouthing coaches, parents, or children at the gym will not be tolerated.

I understand that when I am at the gym or competition that I represent the gym and will act in a respectful manner that promotes the Renegade program.

I understand that during practice is not the appropriate time to confront my coach with any issues related to my child. The best time would be to wait until I have properly calmed down and then setup a time to meet with my coach to discuss the situation.

I understand that sitting in the chairs and being negative is only going to promote more negativity. I also understand that when my negativity starts to affect other gym members and their children that I have crossed the line and that it will not be tolerated.

I understand what idle gossip and hearsay are, and will not participate in either one of them. I as a parent of the Renegade program will not make assumptions or react to a situation until I have talked to the parties involved to formulate the correct opinion.

I understand that I should never step out on to the gym floor at any time unless deemed necessary by the coaching staff.

I understand that by not following this parental agreement that I am subject to any disciplinary action deemed necessary. This may included removal of your child from the program.

\_\_\_\_\_  
Mothers SIGNATURE      DATE

\_\_\_\_\_  
Fathers SIGNATURE      DATE



## Renegade All-Stars Tryout Form

Name \_\_\_\_\_

Age as of August 1, 2019 \_\_\_\_\_

Attach Photo Here

Birthday \_\_\_\_\_ Height \_\_\_\_\_

Grade 18/19 \_\_\_\_\_ Grade 19/20 \_\_\_\_\_

Have you cheered before? \_\_\_ Yes \_\_\_ No If so, where? \_\_\_\_\_

I am trying out for a Full Year Team \_\_\_ Semi Competitive Team \_\_\_ Co-Stars \_\_\_ Twinkles \_\_\_

Check **ALL** tumbling skills you throw on the **FLOOR & WITHOUT** a spot

Standing	Standing Series	Running
<input type="checkbox"/> None or Back walkover	<input type="checkbox"/> Multiple Back Handsprings	<input type="checkbox"/> None or Round-off
<input type="checkbox"/> Back Handspring	<input type="checkbox"/> Two BHS to tuck	<input type="checkbox"/> Back handspring
<input type="checkbox"/> Standing Tuck	<input type="checkbox"/> Back Handspring Tuck	<input type="checkbox"/> Back tuck
<input type="checkbox"/> Jump Tuck	<input type="checkbox"/> Two BHS to Layout	<input type="checkbox"/> Layout
<input type="checkbox"/> Standing Full	<input type="checkbox"/> Back Handspring Layout	<input type="checkbox"/> Full
	<input type="checkbox"/> Two BHS to Full	<input type="checkbox"/> Double full
	<input type="checkbox"/> Back Handspring Full	

At which stunt position do you have experience? **NONE FLYER BASE BACKSPOT**

### Check your most advanced Stunting skill level

- \_\_\_ **Level 1** (No experience or level 1 stunts, preps)  
 \_\_\_ **Level 2** (Ex. Preps, Extensions, Straight Cradle dismounts and baskets tosses)  
 \_\_\_ **Level 3** (Ex. Extended one-legged stunts, Full twisting two-legged dismounts, single trick baskets)  
 \_\_\_ **Level 4** (Ex. Extended one-legged stunts, Double twisting two-legged dismounts, kick-full basket tosses)  
 \_\_\_ **Level 5** (Ex. Double twisting one-legged dismounts, Double twisting basket tosses, full-ups)

Are you willing to cheer for any Renegade team, regardless of level? \_\_\_ Yes \_\_\_ No

If No, circle levels on which you are willing to cheer and explain why:

1 – 2 – 3 – 4 – 5 Why? \_\_\_\_\_

What are your strengths? \_\_\_\_\_

What would be your best contribution as a team member? \_\_\_\_\_

### FOR STAFF USE ONLY

Standing Tumbling	Running Tumbling	Jumps/Motions	Stunts/Flexibility